

Join The Party at the Clubhouse! Come out and join us while we party ourselves into shape!

Join Certified Zumba Fittness trainer, Jody Baxley to learn fun, energizing and easy to follow Latin-inspired dance moves.You'll have a blast with this calorie-burning dance fitness.

More info: jodybaxley@earthlink.net

WHEN: Sept. 24th - Dec. 10th (Two back to back 6 week sessions)

TIME: Monday Nights from 6PM-7PM

WHERE: Emerald Bay Clubhouse

COST: \$5.00/class or pay 6 weeks ahead \$30 (Cash or Check)

BRING: Water Bottle and yoga matt for cool down

DRESS: Comfy with sneakers

Walk-ins Welcome - Bring A Friend!